

INVITATION

Living a Good Life
along all stage of our Life

Conference on Mental Health

Thursday, June 26, 2025 - Expo Osaka 2025

Feel inspired

Mme. Claire Ghyselen, PhD
Conseiller économique et commercial,
Agence wallonne à l’Exportation et aux Investissements étrangers au Japon

M. Olivier Douhéret, PhD
Conseiller scientifique et académique, Wallonie-Bruxelles International au Japon

M. Laurent Trempe
Attaché aux affaires publiques Délégation générale du Québec à Tokyo

Mme. Adélie De Marre, PhD
Scientifique en résidence, Délégation générale du Québec à Tokyo

Mme. Adeline Lassaux, PhD
Attachée pour la Science et la Technologie
Pôle Santé, Environnement et Vie, Service pour la Science et la Technologie
Ambassade de France au Japon

sollicitent l’honneur de vous convier
à la conférence sur la santé mentale et le bien-être

qui aura lieu le jeudi 26 juin 2025
de 10:30 à 12:00, suivi par un cocktail
sur le pavillon du Canada
sur le thème d’une nouvelle conception
des environnements pour les personnes âgées

et de 15:30 à 17:30 suivi par un cocktail
sur le pavillon de la Belgique
sur le thème de la régulation des émotions

Interprétation simultanée français-japonais
Tenue vestimentaire décontractée
RSVP par QR code

Feel inspired

謹啓 時下ますますご清祥の段、お慶び申し上げます。平素は格別のご高配を賜り、厚く御礼申し上げます。
この度、大阪・関西万博ベルギーパビリオンに於いて、下記の通り「メンタルヘルスと福祉に関する講演会」を開催いたします。ぜひともご出席を賜りたく、ここにご案内申し上げます。

謹白

ベルギー王国ワロン地域政府 貿易・外国投資振興庁 (AWEX)
日本代表 クレール・ギスレン / 貿易振興部・東京代表 森田結花
国際交流庁 (WBI) 科学技術・学術担当 本部長 オリヴィエ・ドウエレ
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ケベック州政府在日事務所
アデリー・ドゥ マール
サイエンティスト・イン・レジデンス ケベック州政府在日事務所
在日フランス大使館 科学技術部 医学・環境・生命科学部門長 アドリーヌ・ラソー

記

日時: 2025年6月26日
場所: 大阪・関西万博
10時～12時 カナダパビリオン
15時半～17時半 ベルギーパビリオン
両講演会の後に、カクテルレセプションを開催いたします

ドレスコード: 平服
ご出席返事: QRコードによるお申込み

Cette conférence a lieu grâce à la générosité d’UCB Japan et du bureau de Bruxelles de All Nippon Airways
この講演会は、UCB Japan様およびAll Nippon Airways Brussels様のご厚意により開催されます。



Thursday, June 26, 2025

Morning session, from 10:30 to 12:00

Cocktail, from 12:00 to 13:00

Pavilion of Canada

Rethinking Elder Care: From Institutional to Homelike Environments

Aging should not mean a loss of autonomy and identity—it should be a stage of life filled with dignity, purpose, and connection. What's needed now is a cultural shift—one that replaces clinical, rigid structures towards warm, familiar environments that genuinely feel “like home.” Join experts from Belgium, Canada, France, and Japan as they explore innovative models that humanize elder care, emphasizing autonomy, meaningful relationships, and quality of life.

Learn how rethinking care settings, empowering staff, and fostering community engagement can transform aging into a positive and fulfilling experience, because aging should be about living, not just receiving care.

Programme of the Day

The Medicalization of Elder Care Institutions and Its Impact on Physical and Mental Health

Prof. Stéphane Adam, University of Liège, Belgium

Toward a Person-Centered and “Home-Like” Model of Care. *Insights from Québec: Long-Term Care and Accommodation Policy, Humanitae Residences, and Maisons des Aînés*

Prof. Carol Hudon, Université du Québec, Canada

A Pilot Project in France: The “Village Landais” and Early Scientific Findings

Prof. Hélène Amieva, University of Bordeaux, France

Institutional Models in Japan: What Exists and Are Person-Centered Approaches Feasible? (15 minutes)

Prof. Tomoko Wakui, Tokyo Metropolitan Institute of Gerontology, Japan

Closing Remarks

Open Discussion and Q&A

RSVP
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<https://peatix.com/event/4412452>

Thursday, June 26, 2025

Afternoon session, from 15:30 to 17:30

Cocktail, from 17:30 to 19:00

Pavilion of Belgium

Unlocking the Mind-Body Connection: A Conference on Health and Emotions

Join us for a groundbreaking exploration of the intricate relationship between emotions and well-being.

Experts from Belgium, Canada, France and Japan will explore the importance of emotions in our mental and physical health.

Are you ready to elevate your mind and transform your emotional world? Don't miss this opportunity to gain insights and practical strategies for a healthier, more balanced life for you, and for all the person you care about!

Programme of the Day

Alexithymia or how a lack of emotions can affect our health

Prof. Olivier Luminet, University of Louvain (UCLouvain), Free University of Brussels (ULB), and Fund for Scientific Research (FRS-FNRS)

Learning to regulate emotions from close relationships

Prof. Raphaële Miljkovitch, Université Paris-8, France

Psychological consequences of trauma, mass violence and armed conflict: Can cognition help?

Prof. Isabelle Blanchette, Université Laval, Québec, Canada

Interoception and emotions: The link between body and mind

Prof. Kenji Kanbara, Kagawa University, Japan

Alexithymia in patients with psychosomatic disorders

Prof. Gen Komaki, Honorary member of the Institute of Mental Health, National Center of Neurology and Psychiatry

Closing Remarks

Open Discussion and Q&A

RSVP
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<https://peatix.com/event/4412434>

This conference is organized by Belgium - Wallonia Export and Investment Agency (AWEX), The Representation of Québec and the Embassy of France.

We thank the generosity of UCB Japan Co.,Ltd. and the Brussels office of All Nippon Airways, to have helped us make this event possible.

Simultaneous French-Japanese Interpretation will be available.

About the Conference