

INVITATION

Living a Good Life along all stage of our Life

Conference on Mental Health

Monday, June 30, 2025 - Embassy of France

Feel inspired

RSVP
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<https://peatix.com/event/4332729>

Mme. Adeline Lassaux, PhD
Attachée pour la Science et la Technologie
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Ambassade de France au Japon

Mme. Claire Ghyselen, PhD
Conseiller économique et commercial,
Agence wallonne à l'Exportation et aux Investissements étrangers au Japon

Mr. Olivier Douhéret, PhD
Conseiller scientifique et académique, Wallonie-Bruxelles International au Japon

Mr. Laurent Trempe
Attaché aux affaires publiques Délégation générale du Québec à Tokyo

Mme. Adélie De Marre, PhD
Scientifique en résidence, Délégation générale du Québec à Tokyo

sollicitent l'honneur de vous convier
à la conférence sur la santé mentale et le bien-être
organisée dans le cadre de l'Exposition universelle Osaka 2025

qui aura lieu le lundi 30 juin 2025 de 14:30 à 18:00,
suivie par un cocktail

à l'Ambassade de France au Japon
4-11-44 Minamiazabu, Minato-ku, Tokyo 106-8514

Interprétation simultanée
Tenue vestimentaire « business informal »
RSVP par QR code

Feel inspired

謹啓 時下ますますご清祥の段、お慶び申し上げます。平素は格別のご高配を賜り、厚く御礼申し上げます。

この度、在日フランス大使館に於いて、下記の通り「メンタルヘルスと福祉に関する講演会」を開催いたします。ぜひともご出席を賜りたく、ここにご案内申し上げます。

謹白

在日フランス大使館 科学技術部 医学・環境・生命科学部門長 アドリーヌ・ラソー
ベルギー王国ワロン地域政府 貿易・外国投資振興庁 (AWEX)
日本代表 クレール・ギスレン / 貿易振興部・東京代表 森田結花
国際交流庁 (WBI) 科学技術・学術担当 本部長 オリヴィエ・ドゥエレ
広報・プレス担当官 ローラン・トレンプ
ケベック州政府在日事務所
アデリー・ドゥ マール
サイエンティスト・イン・レジデンス
ケベック州政府在日事務所

記

日時: 2025年6月30日(月) 14時半～17時半(開場14時、終了後に懇親会)

場所: 東京・在日フランス大使館 大会議室

<https://jp.ambafrance.org/article288>

東京都港区南麻布 4-11-44

日仏同時通訳あり

ドレスコード: 平服

ご出席返事: QRコードによるお申込み

Cette conférence a lieu grâce à la générosité d'UCB Japan et du bureau de Bruxelles de All Nippon Airways
この講演会は、UCB Japan様およびAll Nippon Airways Brussels様のご厚意により開催されます。



Wallonia.be

EXPORT
INVESTMENT

Monday, June 30, 2025

Embassy of France
14:00~ 15:30

Rethinking Elder Care: From Institutional to Homelike Environments

Aging should not mean a loss of autonomy and identity—it should be a stage of life filled with dignity, purpose, and connection. What's needed now is a cultural shift—one that replaces clinical, rigid structures towards warm, familiar environments that genuinely feel “like home.” Join experts from Belgium, Canada, France, and Japan as they explore innovative models that humanize elder care, emphasizing autonomy, meaningful relationships, and quality of life.

Learn how rethinking care settings, empowering staff, and fostering community engagement can transform aging into a positive and fulfilling experience, because aging should be about living, not just receiving care.

Programme of the Day

The Medicalization of Elder Care Institutions and Its Impact on Physical and Mental Health

Prof. Stéphane Adam, University of Liège, Belgium

Toward a Person-Centered and “Home-Like” Model of Care. *Insights from Québec: Long-Term Care and Accommodation Policy, Humanitae Residences, and Maisons des Aînés*

Prof. Carol Hudon, Université du Québec, Canada

A Pilot Project in France: The “Village Landais” and Early Scientific Findings

Prof. Hélène Amieva, University of Bordeaux, France

Institutional Models in Japan: What Exists and Are Person-Centered Approaches Feasible? (15 minutes)

Prof. Tomoko Wakui, Tokyo Metropolitan Institute of Gerontology, Japan

Closing Remarks

Open Discussion and Q&A

Monday, June 30, 2025

Embassy of France

16:00~18:00

Followed by a cocktail reception

Unlocking the Mind-Body Connection: A Conference on Health and Emotions

Join us for a groundbreaking exploration of the intricate relationship between emotions and well-being.

Experts from Belgium, Canada, France and Japan will explore the importance of emotions in our mental and physical health.

Are you ready to elevate your mind and transform your emotional world? Don't miss this opportunity to gain insights and practical strategies for a healthier, more balanced life for you, and for all the person you care about!

Programme of the Day

Alexithymia. A construct to better understand emotional dysregulation processes

Prof. Olivier Luminet, University of Louvain (UCLouvain), Free University of Brussels (ULB), and Fund for Scientific Research (FRS-FNRS)

Attachment and emotion regulation throughout life

Prof. Raphaële Miljkovitch, Université Paris-8, France

Psychological consequences of trauma, mass violence and armed conflict: Can cognition help?

Prof. Isabelle Blanchette, Université Laval, Québec, Canada

Interoception and emotions: The link between body and mind

Prof. Kenji Kanbara, Kagawa University

Alexithymia in patients with psychosomatic disorders

Prof. Gen Komaki, Honorary member of the Institute of Mental Health, National Center of Neurology and Psychiatry

Closing Remarks

Open Discussion and Q&A

This conference is organized by the Embassy of France, the Wallonia Export and Investment Agency (AWEX), and the Representation of Québec.

We thank the generosity of UCB Japan Co.,Ltd. and the Brussels office of All Nippon Airways, to have helped us make this event possible.

*Simultaneous French-Japanese
Interpretation will be available.*

About the Conference